

LUNCH Menu

BREADS



Members

SPECIALS

NON MEMBERS, ADD \$3.00

200GM RUMP STEAK (AGF)

chips, salad and your choice of sauce
\$17.90

SAUCES: Diane, green peppercorn, creamy mushroom, classic gravy, garlic butter, hollandaise

CASSEROLE OF THE DAY (GF)

steamed rice
\$14.90

BATTERED BARRAMUNDI

chips, salad, tartare sauce, lemon
\$14.90

SPAGHETTI BOLOGNAISE (AGF)

shaved parmesan
\$14.90

VEGETABLE FRITTATA (V)

chips and salad
\$14.90

*NO FURTHER DISCOUNT APPLIES

ENTREES

SALT AND PEPPER CALAMARI (GF) 15.50

petite salad, lemon, aioli

HALLOUMI SOFT TACOS (2) (V) 13.50

spinach, tomato, guacamole

CHICKEN SOFT TACOS (2) 13.50

southern fried chicken tenders, lettuce, tomato, cheese, ranch dressing

SPICY BUFFALO WINGS (GF) 15.50

ranch dressing

HONEY BBQ WINGS (GF) 15.50

BOWL OF CHIPS (AGF, V) 8.00

BURGERS

(served on a milk bun with chips unless otherwise specified)

BUTTERMILK SOUTHERN 23.50

FRIED CHICKEN BURGER

lettuce, tomato, bacon, avocado, cheese, ranch dressing

DOUBLE BEEF AND BACON 23.50

CHEESEBURGER

pickles, tomato sauce and American mustard

BOWLSY BURGER 23.50

150gm beef brisket pattie, lettuce, tomato, beetroot, cheese, pickles, battered onion rings, burger sauce

VEGGIE BURGER (V) 21.50

lentil pattie, baby spinach, tomato, avocado, onion, tomato mayo

STEAK SANDWICH 23.50

150gm tenderised rump, caramelised onion, red cheddar, lettuce, tomato, beetroot on Turkish bread

MAIN MEALS

OVEN BAKED BARRAMUNDI (AGF) 30.50

chips, salad, tartare sauce and lemon

250GM CHICKEN SCHNITZEL 25.50

chips and salad

250GM CHICKEN PARMIGIANA (napoli, ham, mozzarella) 27.50

chips and salad

SALT AND PEPPER CALAMARI (AGF) 25.50

chips, salad, tartare sauce and lemon

TERIYAKI BEEF STIR FRY (AGF) 24.50

vegetables, hokkien noodles

SPINACH AND RICOTTA TORTELLINI (V) 21.50

sundried tomato, spinach, toasted pine nuts, creamy basil pesto sauce, shaved parmesan

FROM THE CHAR GRILL

ALL STEAKS ARE 150 DAY GRAIN FED

ALL STEAKS ARE COOKED TO YOUR LIKING ON OUR CHAR GRILL AND SERVED WITH EITHER CHIPS AND SALAD OR POTATO BAKE AND VEGETABLES PLUS YOUR CHOICE OF SAUCE

200gm Eye Fillet (Black Angus) 46.00

300gm Rib Fillet (Black Angus) 42.00

400gm Rump (Black Angus) 42.00

SAUCES: (All sauces are gluten free)

Diane, Green Peppercorn, Creamy

Mushroom, Classic Gravy, Garlic

Butter, Hollandaise

ADD \$2.00 for an extra sauce.

SALADS

CAESAR SALAD (GF) 21.50

cos lettuce, bacon, boiled egg, gluten free herbed croutons, parmesan, caesar dressing

MOROCCAN HALLOUMI, PUMPKIN 23.50

AND CHICKPEA SALAD (GF, V)

baby spinach, blistered cherry tomatoes, red onion, red wine vinaigrette

+\$6 Calamari (5) +\$6 Southern fried chicken (2)

+\$9 Prawns (5)

Pizzas

VEGETARIAN (V) 22.50

napoli, mushroom, spinach, pumpkin, onion, capsicum, olives, mozzarella

HAWAIIAN 21.50

napoli, ham, pineapple, mozzarella

PESTO CHICKEN 24.50

napoli, pesto chicken, sundried tomato, camembert, mozzarella

MEAT LOVERS 25.50

napoli, ham, pepperoni, salami, sausage, bacon, mozzarella

(V) Vegetarian (GF) Gluten Free (AGF) Available Gluten Free

We are happy to substitute gluten free products where possible, please add \$3.00

MEMBERS RECEIVE:

10% discounted credited as points on all full priced menu items

\$13.00 KIDS MEAL DEAL

**NO FURTHER DISCOUNT APPLIES*

+ \$3 GLUTEN FREE

KIDS MEALS ARE FOR CHILDREN UP TO 12 YEARS

INCLUDES: 1 x Kids meal
1 x Jelly or ice cream
1 x 200ml soft drink or pop top

Battered chicken nuggets with chips (AGF)

Spaghetti bolognese with mozzarella (AGF)

Ham and cheese pizza with chips

Crumbed whiting with chips (AGF)

Beef bangers with mashed potato and gravy (GF)

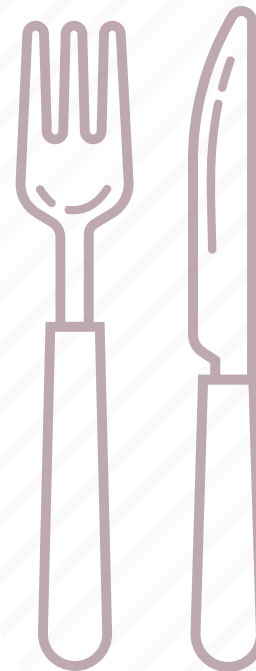
KIDS ACTIVITY PACKS ARE AVAILABLE FOR \$2 - Please see our friendly staff

Thank you for choosing to dine with us today.
If you have any feedback, please ask to speak with a manager.



LUNCH

MENU



Menu states non member pricing. Members receive a 10% discount credited as points unless otherwise specified.

Please see our staff if you have any questions.

**FROM
11.30AM DAILY**