

KIDS MEALS \$13.00

Kids meals are reserved for children up to 12 years

INCLUDES: 1 x KIDS MEAL, 1 x JELLY OR ICE CREAM, 1 X 200ML SOFT DRINK OR POP TOP

CRUMBED WHITING

with chips and tomato sauce

BATTERED CHICKEN NUGGETS

with chips and tomato sauce

SPAGHETTI BOLOGNAISE

with grated cheese

CHEESEBURGER  Add \$3 for gluten free

with chips and tomato sauce

TOASTED CHEESE FINGERS   Add \$3 for gluten free

with chips and tomato sauce

NO FURTHER DISCOUNT APPLIES



**MENU STATES NON MEMBER PRICING.
MEMBERS RECEIVE 10% DISCOUNT CREDITED AS POINTS
WHEN PURCHASING A FULL PRICED ADULT MAIN MEAL.
*T&C'S APPLY.**

Lunch MENU

**FROM
11.30AM
DAILY**



BREAD

GARLIC BREAD **V** **AGF** 8.00

CHEESY GARLIC BREAD **V** **AGF** 9.00

LIGHT MEALS

SALT & PEPPER CALAMARI **GF** 15.50

salad, tartare sauce and lemon

BUFFALO WINGS (12) **GF** 13.50

blue cheese dressing

GRILLED HALOUMI **V** **GF** 14.50

baby spinach and tomato salad, balsamic dressing

PIZZAS

ADD \$3 FOR GLUTEN FREE

HOT BUFFALO CHICKEN  23.50

red onion, mozzarella

VEGETARIAN DELIGHT **V** 21.50

pesto napoli base, spinach, sundried tomato, olives, roast capsicum, pumpkin and feta

MEATLOVERS 24.50

chorizo, pepperoni, salami, ham, bacon, mozzarella

SUPREME 23.50

pepperoni, ham, mushroom, capsicum, onion, pineapple and mozzarella

V Vegetarian

GF Gluten Free

AGF Available Gluten Free

BURGERS

ADD \$3 FOR GLUTEN FREE

MEMPHIS BUTTERMILK FRIED CHICKEN BURGER 22.50

red cheddar, bacon, red slaw and ranch dressing on a milk bun

BOWLSY BURGER 21.50

angus beef pattie, lettuce, tomato, beetroot, cheese, pickles and burger sauce on a milk bun with onion rings

GRILLED HALLOUMI BURGER 21.50

spinach, avocado, tomato, **V** onion and mayo on a milk bun

STEAK SANDWICH 22.50

on inch thick toasted bread, 150gm rump steak, lettuce, tomato, beetroot, cheese, bacon, caramelised onion and BBQ sauce

SALADS

CAESAR SALAD **GF** 19.50

cos lettuce, bacon, boiled egg, croutons, parmesan, caesar dressing

MEDITERRANEAN GRILLED CHICKEN SALAD **GF** 28.50

cucumber, olives, red onion, tomato, capsicum, feta, red wine vinaigrette

WARM QUINOA SALAD **V** **GF** 22.50

roast pumpkin, onion, capsicum, corn, zucchini, blistered cherry tomatoes, seeded mustard citrus dressing

WARM PRAWN & AVOCADO SALAD 28.50

crunchy noodles, wombok, cherry tomato, cucumber, roasted peanuts, coriander and chilli dressing

MAINS

CHICKEN SCHNITZEL 25.00

chips, salad and gravy

CHICKEN PARMIGIANA 27.00

chips and salad

SPINACH AND RICOTTA TORTELLINI 21.50

creamy pesto, tomato and olive sauce, parmesan

PAN FRIED SALMON **GF** 29.50

warm crushed dill potatoes, greens, salsa verde

SALT AND PEPPER CALAMARI 24.50

chips, salad, tartare sauce and lemon **GF**

SINGAPORE NOODLES

TERIYAKI CHICKEN 23.50

TERIYAKI TOFU **V** 22.50

stir fried vegetables, cashews

MEMBERS LUNCH SPECIALS

BATTERED FLATHEAD 12.90

salad, tartare sauce, lemon

CHEESE AND SPINACH QUICHE **V** 12.90

chips and salad

SMOKED SALMON BAGEL 12.90

chive cream cheese, spinach and onion

BLT 12.90

bacon, lettuce, tomato and aioli on a milk bun with chips

200GM RUMP STEAK 14.90

chips, salad and your choice of sauce

*No further discount applies

FROM THE CHAR GRILL

Served with your choice of sauce plus chips and salad **or** potato bake and vegetables.

Diane, Green Peppercorn, Creamy Mushroom, Classic Gravy, Garlic Butter, Hollandaise. All **GF**

350GM RUMP STEAK 39.00

250GM RIB FILLET 38.00

200GM EYE FILLET 40.00

EXTRA SAUCE 2.00

Diane, Green Peppercorn, Creamy Mushroom, Classic Gravy, Hollandaise, Garlic Butter.

All sauces are **GF**