

# CAPALABA SPORTS CLUB

## SOCIAL BOWLS

*Roll up, roll up, you're never too young or too old for a game of lawn bowls*

### GRASS GREEN \$10pp

No heels or studs. Only bare feet, socks or smooth flat soled shoes are allowed.

No sitting on the bank with your feet in the ditch (the perimeter where the sand is).

No eating or drinking on the green. Eating and drinking can take place on the seating around the greens.

Strictly no BYO food or beverages.

Smoking areas must be observed at all times.

### SYNTHETIC GREEN \$15pp (min 10 people)

No heels, studs or bare feet. Socks or smooth flat soled shoes ONLY.

No sitting on the bank (the perimeter)

No eating or drinking on the green. Eating and drinking can take place in the designated eating and drinking areas.

Strictly no BYO food or beverages.

Smoking areas must be observed at all times.

**Flat soled shoes or socks essential for synthetic greens**

**\*\*no barefoot\*\***

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# Relax, Unwind, Enjoy...

There is ample seating around the greens. A fully serviced bar and amenities are conveniently located just off the greens.

We have a range of hot and cold platters available for purchase (these must be ordered and paid for within 7 days of your event). Strictly no BYO food or beverage.

Children are welcome to play bowls as we have lighter bowls for them, however, they must be supervised at all times.

## SOCIAL BOWLS AVAILABILITY

Grass greens availability for social bowlers:

### MONDAY TO SUNDAY

10-11.30am	11.45am-1.15pm	1.30-3pm
3.15-4.45pm	5-6.30pm	6.45-8.15pm

Please call 33903011 or email [functions@capalabasportsclub.com.au](mailto:functions@capalabasportsclub.com.au) for availability as we have many competitions throughout the year and the greens are sometimes full. Booking and prepayment for social bowls is essential.



Synthetic greens availability for social bowlers:

### SUNDAY, MONDAY, WEDNESDAY & FRIDAY

10-11.30am	11.45am-1.15pm	1.30-3pm
3.15-4.45pm	5-6.30pm	6.45-8.15pm

### TUESDAY

10-11.30am	5-6.30pm	6.45-8.15pm
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### THURSDAY

1.30-3pm	3.15-4.45pm	5-6.30pm
6.45-8.15pm		

### SATURDAY

5-6.30pm	6.45-8.15pm	
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## THE BASICS OF BOWLS...

\*The large black ball is a bowl. Bowls are weighted so that they don't roll in a straight line but in a curve. Each bowl has a large and small icon on each side. Always keep the small icon on the inside when delivering a bowl.

\*The small white ball is the jack.

\*Our greens are divided into 7 rinks (or lanes) and we recommend a maximum of 2 teams of 4 people per rink.

\*You send the jack down to the opposite end of the rink. Once its position is set the aim is to get as many bowls as close to the jack as possible.

\*Once everyone has bowled a score is determined. The person whose bowl/s is closest to the jack gets the point/s with multiple points awarded if there are multiple bowls closest to the jack.

\*You can set a time limit or number of 'ends' (how many times you bowl up and back).

**Give it a go, it's easy to play and fun to learn.**



# Hot Platter Menus



## **TRADITIONAL HOT PLATTER \$95**

Sausage rolls, plain party pies, assorted quiches, spring rolls and a selection of sauces

## **GOURMET PLATTER \$110**

Homemade chicken skewers, assorted quiches, crumbed mozzarella, prawn twisters and a selection of sauces

## **SEAFOOD PLATTER \$125**

Salt & pepper calamari, crumbed whiting, battered scallops, battered prawns, fries, tartare sauce and lemon

## **KIDS PLATTER \$95**

Mini sausage rolls, mini pies, mini dagwood dogs, chicken nuggets, chips and tomato sauce

## **VEGETARIAN PLATTER \$100**

Spinach and ricotta rolls, curry vegetable samosas, arancini balls, spinach and cheese quiche, served with a selection of sauces

## **GLUTEN FREE PLATTER \$115**

Sausage rolls, salt and pepper calamari, party pies, chicken skewers

NOTE: Individual GF plates are available for \$15ea

## **PIZZA PLATTER \$80**

BBQ chicken and bacon

Hawaiian

Meat lovers

Vegetarian

Each platter feeds approximately 10 guests as an appetiser and contains around 50 pieces of food.

We recommend at least 1 platter per 10 people as a nibble.

# Cold Platter Menus



## A GAME OF BOWLS AND "MAKE YOUR OWN" BURGER BUFFET \$30PP

*\* minimum 20 guests*

### **Includes:**

A game of lawn bowls plus one burger per person

*Hamburger bun*

*Your choice of one of the following:*

*150gm rump steak or angus beef pattie*

### **Plus**

*grilled onions*

*lettuce*

*tomato*

*beetroot*

*grated cheese*

*selection of condiments*

*Special dietary requirements can be catered for with advance notice*

*(\*add \$5 if bowling on the synthetic green)*

### **ANTIPASTO PLATTER \$85 (AGF)**

Pepperoni, salami, olives, Mediterranean vegetables, feta and dips with mixed crackers

### **NIBBLES AND DIPS PLATTER \$75 (AGF)**

Kabana, vegetable sticks, pickled onion, tasty cheese, assorted dips and crackers

### **CHEESE PLATTER \$85 (AGF)**

Chefs selection of cheeses served with nuts, dried fruit and crackers

### **FRUIT PLATTER \$65 (GF)**

Chefs selection of seasonal fruit

### **SANDWICH PLATTER \$70**

An assortment of sandwiches

### **WRAPS PLATTER \$90**

Mixed meat and salad wraps

### **SWEETS PLATTER \$65**

Chefs selection of sweet items

### **SCONES PLATTER \$55**

Freshly baked scones with jam and cream

(AGF) AVAILABLE GLUTEN FREE

Rice crackers can replace crackers for a gluten free option

We recommend at least 1 platter per 10 people as a nibble.