

LIGHT MEALS

GARLIC BREAD (AGF,V)	7.50
CHEESY GARLIC BREAD (AGF,V)	8.50
BRUSCHETTA TURKISH BREAD (AGF) 9.50 drizzled with balsamic glaze	
SOUTHERN FRIED CHICKEN SLIDERS 15.50 with ranch slaw and buffalo sauce (3)	
VEGETABLE SPRING ROLLS 12.50 with sweet chilli sauce (3)	
HOMEMADE ARANCINI BALLS (V) 14.50 mushroom, spinach and mozzarella arancini balls with garlic aioli	
SEASONED CALAMARI (GF) 15.50 with petite salad and tartare sauce	
SEASONED POTATO WEDGES (V) 13.50 with sour cream	
TAQUITO (GF, V) 14.50 rolled hard taco filled with mexican bean and vegetables topped with guacamole and salsa on shredded lettuce	

Salads

CAESAR SALAD (GF) 18.00 cos lettuce, bacon, boiled egg, croutons, parmesan, caesar dressing	
ROAST HONEY PUMPKIN, FETA AND BEETROOT SALAD (GF,V) 19.50 baby spinach, quinoa, orange cheek and toasted walnuts	
HONEY SOY SESAME PRAWN SALAD (GF) 29.50 rice noodles, carrots, shallots, wombok, spinach and capsicum	
ADD A LITTLE EXTRA	
grilled chicken	6.00
seasoned calamari	6.00
pan fried prawns	9.00

FROM THE GRILL

All meals served with chips and salad or potato and vegetables PLUS your choice of sauce
creamy mushroom | green peppercorn | diane | hollandaise | garlic butter | classic gravy | aioli

400G RUMP STEAK	40.00	300GM RIB FILLET	40.00
		200GM EYE FILLET	39.90

STEAK TOPPERS

onion rings (6) / calamari (5) / fried eggs (2)	6.00
garlic prawns (5) (GF)	9.00

PIZZAS

CARNIVORE 24.50 ham, bacon, pepperoni, salami and meatballs	HERBIVORE (V) 21.50 pesto tomato base, roast pumpkin, spinach, sundried tomato, mushroom, mozzarella
QUEENSLANDER 21.50 ham and pineapple	BBQ CHICKEN AND BACON 23.50

PASTA AND NOODLES

RISOTTO OF THE DAY

Please see the daily specials

SPINACH AND RICOTTA TORTELLINI (V) 20.50 roast pumpkin, cherry tomatoes, toasted pine nuts, pesto cream sauce, parmesan	
HOMEMADE SPAGHETTI BOLOGNAISE (AGF) 19.50 shaved parmesan	
BLUE SWIMMER CRAB FETTUCCINE (AGF) 29.50 spinach, cherry tomato, chilli, garlic oil, basil, parmesan	
CHICKEN CASHEW STIR FRY 23.50 hokkien noodles, teriyaki sauce	
VEGETABLE STIR FRY (V) 20.50 cashews, hokkien noodles, teriyaki sauce	

BURGERS (SERVED WITH CHIPS)

BOWLSY BURGER (AGF) 19.50 200gm angus beef pattie, burger sauce, lettuce, tomato, beetroot, cheese, onion rings on a seeded milk bun	
SOUTHERN FRIED CHICKEN BURGER (AGF) 19.50 lettuce, tomato, red cheddar cheese, buffalo sauce on a seeded milk bun	
DOUBLE BEEF AND BACON CHEESEBURGER (AGF) 23.00 pickles, American mustard, tomato sauce on a seeded milk bun	
STEAK SANDWICH (AGF) 20.50 lettuce, beetroot, cheese, tomato and baconise on a Turkish bread slipper	

MAINS

SEE OUR DAILY SPECIALS

CHICKEN SCHNITZEL 24.50 chips and salad	
CHICKEN PARMIGIANA 26.50 chips and salad	
CRISPY SKINNED BARRAMUNDI (AGF) 29.50 chips and salad or potato bake and vegetables, lemon	
PAN SEARED SALMON FILLET 29.50 chips, salad and hollandaise	
SEASONED CALAMARI (AGF) 23.50 chips, salad and tartare sauce	
TOMATO ONION BEEF SAUSAGES (GF) 18.50 potato mash, steamed vegetables and tomato onion gravy	
300GM BARKERS CREEK PORK CUTLET (GF) 27.50 mashed potato, broccolini and mushroom sauce	
BBQ USA RIBS 34.00 potato wedges and slaw	
GARLIC MUSHROOM AND TOMATO STACK (V) 22.50 wilted spinach, crumbled feta, eggplant chips and black garlic aioli	

EXTRAS & SIDES

SIDES 7.50 chips(AGF) / potato bake(GF) / garden salad(GF) / steamed vegetables(GF) / caesar salad(GF)	
COLD SAUCES (GF) 1.00 BBQ, sweet chilli, tartare, tomato, aioli, mayonnaise, dressing	
HOT SAUCES 2.00 creamy mushroom(AGF) / green peppercorn(AGF) / Diane / classic gravy(AGF) / hollandaise(GF) / garlic butter(GF)	

(V) VEGETARIAN (GF) GLUTEN FREE (AGF) AVAILABLE GLUTEN FREE

KIDS MEALS \$13

KIDS ARE AGED UP TO 12 YEARS

INCLUDES: 1 x KIDS MEAL, 1 x JELLY OR ICE CREAM, 1 X 200ML SOFT DRINK OR POP TOP

TEMPURA CHICKEN NUGGETS

with chips and tomato sauce

CRUMBED WHITING

with chips and tomato sauce

STEAK (AGF)

with chips and tomato sauce

HAM AND CHEESE PIZZA

with chips

SPAGHETTI BOLOGNAISE (AGF)

with grated cheese

CHEESEBURGER (AGF)

with chips and tomato sauce

NAPOLI SPAGHETTI (V, AGF)

spaghetti in a homemade tomato sauce topped with grated cheese



FREE kids packs
are available
compliments of
BOQ Capalaba.
Please see one of
our friendly staff

NO FURTHER DISCOUNT APPLIES

Seniors \$13.90

CRUMBED FLATHEAD

chips, salad, tartare sauce, lemon

BANGERS AND MASH (GF)

tomato and onion beef sausages, steamed vegetables, tomato onion gravy

200GM RUMP STEAK (AGF)

chips, salad and your choice of sauce (Diane, garlic butter, classic gravy, green peppercorn, creamy mushroom, hollandaise)

PUMPKIN, FETA AND PINE NUT QUICHE (V)

chips and salad

SPAGHETTI BOLOGNAISE (AGF)

shaved parmesan

NO FURTHER DISCOUNT APPLIES

(V) VEGETARIAN (GF) GLUTEN FREE (AGF) AVAILABLE GLUTEN FREE



DINNER Menu



MENU STATES NON MEMBER PRICING.
MEMBERS WILL RECEIVE A 10% DISCOUNT CREDITED AS POINTS UNLESS
OTHERWISE SPECIFIED (NOT VALID ON SPECIALS).
PLEASE SEE OUR FRIENDLY STAFF IF YOU HAVE ANY QUESTIONS.