

LIGHT MEALS

GARLIC BREAD (AGF,V)	6.50
CHEESY GARLIC BREAD (AGF,V)	7.50
BRUSCHETTA TURKISH BREAD (AGF)	8.50
drizzled with balsamic glaze	
SMOKEY BBQ WINGS (GF)	15.50
with baconaise	
HOT SPICY BUFFALO WINGS (GF)	15.50
with ranch dressing	
HOMEMADE ARANCINI BALLS (V)	14.00
mushroom, spinach and mozzarella arancini balls with garlic aioli	
SEASONED CALAMARI (GF)	14.50
with petite salad and tartare sauce	
SEASONED POTATO WEDGES (GF,V)	12.50
with sour cream	

TAQUITO (GF, V)	14.50
rolled hard taco filled with mexican bean and vegetables topped with guacamole and salsa on shredded lettuce	

Salads

CAESAR SALAD (GF) 17.00
cos lettuce, bacon, boiled egg, croutons, parmesan, caesar dressing
ROAST HONEY PUMPKIN, FETA AND BEETROOT SALAD (GF,V) 18.50
baby spinach, quinoa, orange cheek and toasted walnuts
WARM MEDITERRANEAN LAMB SALAD (GF) 28.50
baby spinach, olives, sundried tomato, cucumber, onion, capsicum and herb dressing
ADD A LITTLE EXTRA
grilled chicken 5.00
seasoned calamari 5.00
pan fried prawns 8.00

FROM THE GRILL

All meals served with chips and salad or potato and vegetables PLUS your choice of sauce
creamy mushroom | green peppercorn | diane | hollandaise | garlic butter | classic gravy | aioli

400G RUMP STEAK	39.90	300GM RIB FILLET	38.90
250GM SIRLOIN	30.90	200GM EYE FILLET	36.90
300GM BARKERS CREEK PORK CUTLET			
23.50			
STEAK TOPPERS			
onion rings / calamari / fried egg			5.00
garlic prawns (5) (GF)			8.00

PIZZAS

CARNIVORE	23.50	HERBIVORE (V)	20.50
ham, bacon, pepperoni, salami and meatballs		pesto tomato base, roast pumpkin, spinach, sundried tomato, mushroom, mozzarella	
QUEENSLANDER	16.50	BBQ CHICKEN AND BACON	21.50
ham and pineapple			

PASTA AND NOODLES

RISOTTO OF THE DAY	
Please see the daily specials	
SPINACH AND RICOTTA TORTELLINI (V)	18.50
roast pumpkin, cherry tomatoes, toasted pine nuts, pesto cream sauce, parmesan	
HOMEMADE SPAGHETTI BOLOGNAISE (AGF)	18.50
shaved parmesan	
BLUE SWIMMER CRAB FETTUCCINE (AGF)	28.50
spinach, cherry tomato, chilli, garlic oil, basil, parmesan	
CHICKEN CASHEW STIR FRY	21.50
hokkien noodles, teriyaki sauce	
VEGETABLE STIR FRY (V)	17.50
cashews, hokkien noodles, teriyaki sauce	

BURGERS

(SERVED WITH CHIPS)

BOWLSY BURGER (AGF)	18.00
200gm angus beef pattie, burger sauce, lettuce, tomato, beetroot, cheese, onion rings on a seeded milk bun	
SOUTHERN FRIED CHICKEN BURGER (AGF)	18.50
lettuce, tomato, red cheddar cheese, buffalo sauce on a seeded milk bun	
DOUBLE BEEF AND BACON CHEESEBURGER (AGF)	22.00
pickles, American mustard, tomato sauce on a seeded milk bun	
STEAK SANDWICH (AGF)	19.50
lettuce, beetroot, cheese, tomato and baconaise on a Turkish bread slipper	

MAINS

SEE OUR DAILY SPECIALS

CHICKEN SCHNITZEL	20.50
chips and salad	
CHICKEN PARMIGIANA	22.50
chips and salad	
CRISPY SKINNED BARRAMUNDI (AGF)	27.50
chips and salad or potato bake and vegetables, lemon	
TEMPURA BATTERED TROUT	27.50
citrus salad, chips and tartare sauce	
SEASONED CALAMARI (AGF)	22.50
chips, salad and tartare sauce	
TOMATO ONION BEEF SAUSAGES (GF)	16.50
potato mash, steamed vegetables and tomato onion gravy	
PORCHETTA (GF)	21.50
mashed potato, broccolini and mushroom sauce	
BBQ USA RIBS	32.00
potato wedges and corn	
GARLIC MUSHROOM AND TOMATO STACK (V)	19.50
wilted spinach, crumbled feta, eggplant chips and black garlic aioli	

EXTRAS & SIDES

SIDES	6.50
chips(AGF) / potato bake(GF) / garden salad(GF) / steamed vegetables(GF) / caesar salad(GF)	
COLD SAUCES	1.00
BBQ, sweet chilli, tartare, tomato, aioli, mayonnaise, dressing	
HOT SAUCES	2.00
creamy mushroom(AGF) / green peppercorn(AGF) / Diane / classic gravy(AGF) / hollandaise(GF) / garlic butter(GF)	

(V) VEGETARIAN (GF) GLUTEN FREE (AGF) AVAILABLE GLUTEN FREE

KIDS MEALS \$12

KIDS ARE AGED UP TO 12 YEARS

INCLUDES: 1 x KIDS MEAL, 1 x JELLY OR ICE CREAM, 1 X 200ML SOFT DRINK OR POP TOP

TEMPURA CHICKEN NUGGETS
with chips and tomato sauce

CRUMBED WHITING
with chips and tomato sauce

STEAK (AGF)
with chips and tomato sauce

HAM AND CHEESE PIZZA
with chips

SPAGHETTI BOLOGNAISE (AGF)
with grated cheese

CHEESEBURGER (AGF)
with chips and tomato sauce

NAPOLI SPAGHETTI (V, AGF)
spaghetti in a homemade tomato sauce topped with grated cheese



FREE kids packs
are available
compliments of
BOQ Capalaba.
Please see one of
our friendly staff

NO FURTHER DISCOUNT APPLIES

Seniors
\$12.90

CRUMBED FLATHEAD
chips, salad, tartare sauce, lemon

BANGERS AND MASH
tomato and onion beef sausages, steamed vegetables, tomato onion gravy

200GM RUMP STEAK (AGF)
chips, salad and your choice of sauce (Diane, garlic butter, classic gravy, green peppercorn, creamy mushroom, hollandaise)

PUMPKIN, FETA AND PINE NUT QUICHE (V)
chips and salad

SPAGHETTI BOLOGNAISE
shaved parmesan

NO FURTHER DISCOUNT APPLIES

(V) VEGETARIAN (GF) GLUTEN FREE (AGF) AVAILABLE GLUTEN FREE



DINNER

Menu



MENU STATES NON MEMBER PRICING.
MEMBERS WILL RECEIVE A 10% DISCOUNT CREDITED AS POINTS UNLESS
OTHERWISE SPECIFIED.
PLEASE SEE OUR FRIENDLY STAFF IF YOU HAVE ANY QUESTIONS.